

Tool: Planning for all

What are the specific requirements to remove barriers to ensure that all people benefit from development actions?¹

1- What are the basic activities in which all people are involved on a daily basis?

- Survival and health promotion
- Mobility and physical independence
- Orientation
- Communication and access to information
- Social integration and participation
- Economic security
- Self-determination and the right to choose one's own life style

2- What kind of obstacles might people have when involved in these activities?

The environment contains numerous obstacles that limit or prevent the involvement of persons with disabilities in these daily activities. In many cases, these obstacles may also pose difficulty and risk to non-disabled people.

3- What are the coping strategies used to minimize these limitations?

4- What changes are required in current planning practice to ensure that obstacles are not created?

For instance, issues like physical accessibility to infrastructures should be incorporated throughout the planning and implementation process

5- What kind of additional support measures can ensure that specific vulnerable groups are able to equally participate in development activities?

In some instances, following an inclusive development process, there are still certain support measures that need to be put in place to facilitate full access/ and inclusion for all people.

Planning for all matrix

In the **left column** is a list of all activities that any person is involved in during his/her daily life.

¹ Inspired from Wiman, R.: The disability dimension in development action, manual on inclusive planning, STAKES, 1996, p. 33-34

The **second column** lists the group of people –disabled or not- who may face problems when accomplishing these activities.

The **third column** presents the planning requirements for enabling people to fully participate in the daily activities.

The **last column** on the right presents the additional support measures accordingly.



| Basic activities | People who may face barriers / problems | Planning requirements | Additional support measures |
|------------------------------------|--|--|--|
| Survival and health promotion | All people | Availability of provisions for basic needs (food, shelter, etc.) Environmental and occupational safety Health care, environmental health | Health care services Social welfare services |
| Mobility and physical independence | People with disabilities: Ex: Physical and sensory impairments; dexterity difficulties People with invisible disabilities/disabling diseases Ex: Epileptic; diabetic; people with AIDS People who are accompanying people with disabilities (parent/ child, etc) People who have heavy luggage, trolleys or prams People without access to affordable means for transportation Women Elderly people Refugees, exiles and immigrants; ethnic groups and minorities | Accessibility Reachability Functional home design Functional appliances and tools | Mobility aids Other assistive devices Guide dogs Personal social services / personal assistance |
| Orientation | People with disabilities Ex: With sensory impairment; with learning difficulties People who are illiterate Refugees and exiles | Clarity of design and clear indications of directions Easy language Universal symbols and markings (incl. standard Braille) | Guides |

| Basic activities | People who may face barriers / problems | Planning requirements | Auxiliary services |
|---|---|---|---|
| Communication and access to information | People with disabilities Ex: with seeing, hearing or speech difficulties; with learning difficulties Refugees, exiles and immigrants, ethnic groups and minorities Children Women | Appropriate formats for communication Clear messages | Large print, Braille Interpretation services (incl. In sign language) Personal assistance |
| Social integration and participation | All people In particular : People with disabilities Ex: with mental or psychological disabilities; with sensory impairments Women Children Refugees, exiles and immigrants People with diverse socio-cultural backgrounds in general | Non discriminatory practices Public education (positive awareness and sensitization) Affirmative action | Counselling Peer support Empowering and training services |
| Economic security | All people Vulnerable groups and the poor, particularly: The destitute the long-term unemployed single parents people with disabilities women | Equalization of economic opportunities Adaptation of the work place Self-employment and home-employment options | (re) training, including vocational rehabilitation Job accommodation (e.g. provision of assistive devices, modification of work schedules and adaptation of equipment) |
| Self determination | All people. In particular: People with disabilities: Ex: with communication, cognitive and mobility difficulties Women, Children, Refugees, exiles, ethnic groups and minorities | Diversity and flexibility of opportunities for self-determination | Personal assistance Interpretation (incl. sign language) Advocacy Development of interpersonal and negotiation skills. |